

Talking with Your Pharmacist/Doctor

The following are some questions that your doctor or pharmacist may ask you if you seek treatment for a vaginal yeast infection. Be prepared to share this information — even if it's not asked of you directly. The more information you can give to your healthcare providers, the better equipped they will be to treat you effectively.

Your Symptoms

- Are you experiencing itching or burning surrounding the vagina?
- Is there redness or swelling in the vaginal area?
- Is sexual intercourse painful?
- Do you have vaginal discharge?
- If so, what color is the discharge?
- What is the texture?
- Does it have an odor?

Your History of Yeast Infections

- Is this your first yeast infection?
- If you've had yeast infections before, when was the last one?
- What have you used in the past to treat your yeast infections?
- How quickly did your symptoms resolve in the past?
- Are your current symptoms similar to what you've experienced in the past?

Your Medical History

- What other medications are you taking?
- Have you had a history of an unusual pap smear?

Sexual History

- What is your history of sexual partners?
- Do you practice safe sex?

Pregnancy/Breastfeeding

- Are you pregnant or breast feeding now?
- Do you have any current or future plans for pregnancy?

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